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**WO 2004/047798 A2**

(54) Title: FORMULATIONS OF FINASTERIDE

(57) Abstract: This invention relates to pharmaceutical formulations of finasteride that include Gelucire®.

## Formulations of Finasteride

### FIELD OF THE INVENTION

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The present invention relates to improved dissolution of finasteride tablet formulations.

### 10 TECHNICAL BACKGROUND AND PRIOR ART

Finasteride, 17 $\beta$ -(N-tert-butyl carbamoyl)-4-aza-5 $\alpha$ -androst-1-en-3-one is a 5 $\alpha$ -reductase inhibitor for use in treating acne, female hirsutism, male pattern hair loss (androgenic alopecia) and particularly benign prostatic hyperplasia. See for example U.S. patent No. 4,377,584 and Wilde and Goa, Finasteride, an update of its use in the management of symptomatic benign prostatic hyperplasia, Drugs, Vol. 57, No. 4, April 1999, pp 557-581.

20 The preparation of useful formulations of finasteride is complicated since finasteride is practically insoluble in water. Hydrophobic therapeutic agents like finasteride present difficult problems in formulating such compounds for effective administration to patients. A well-designed formulation must, at a minimum, be capable of presenting a therapeutically effective amount of the hydrophobic compound to the desired absorption site, in an absorbable form.

WO 99/08666 and WO 99/08684 relate to novel solutions of aza steroid (finasteride included) in combination with fatty acid ester of glycerol or propylene glycol.

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US 6,294,192 relates to triglyceride-free pharmaceutical compositions for delivery of hydrophobic therapeutic agents.

In an attempt to improve the solubility of the active ingredient numerous wetting agents were tried. It has now been discovered that useful formulations of finasteride can be produced by use of Gelucire®.

Gelucire® is used in various applications including preparing sustained release pharmaceutical compositions, as described in the technical and patent literature. For example, U.S. Pat. No. 5,433,951 describes sustained release formulation containing captopril as the active ingredient.

U.S. Pat. No. 6,171,615 describes a stable sustained release theophylline formulation which is prepared by incorporating theophylline into a semi-solid matrix comprising Gelucire.

U.S. Pat. No. 6,312,704 describes compositions providing enhanced bioavailability by mixing together a lipophilic phase, a surfactant, a cosurfactant and a pharmaceutical active ingredient. Gelucire 44/14 is one of the polyglycolized glycerides mentioned.

Sheen et al, Bioavailability of a Poorly Water-Soluble Drug from Tablet and Solid Dispersions in Humans, J. Pharm. Sci., Vol. 80, No. 7, July 1991, pp 712 to 714, discloses the use of Gelucire 44/14-polyethylene glycol (PEG) 400 mixture as carrier for REV 5901 ( $\alpha$ -pentyl-3-(2-quinolinylmethoxy)benzenemethanol, a 5-lipoxygenase inhibitor) in a tablet. REV 5901 is a water-insoluble drug and the Gelucire 44/14-PEG 400 mixture provided improved dissolution thereof to effect faster release.

A. Ainaoiu, E.M. Ouriemchi, et al, Process of Drug Release with Oral Dosage Forms with a Lipidic Gelucire Matrix, Journal of Polymer

Engineering, Vol. 17, No. 3, 1997, pp 245 to 255, discloses a study of drug release out of dosage forms made of the drug dispersed in Gelucire. The study concerns controlled release of the drug sodium salicylate.

- 5 D. Bidah, E.M Ouriemchi, et al, Diffusion Process of Drug Delivery from a Dosage Form wiht a Gelucire Matrix, No. 80, 1992, pp 145-149, describes a study of dosage forms having the property of delivering the drug at a controlled rate, with the drug, sodium salicylate, being dispersed in Gelucire, playing the role of a matrix, in syntetic gastric liquid.

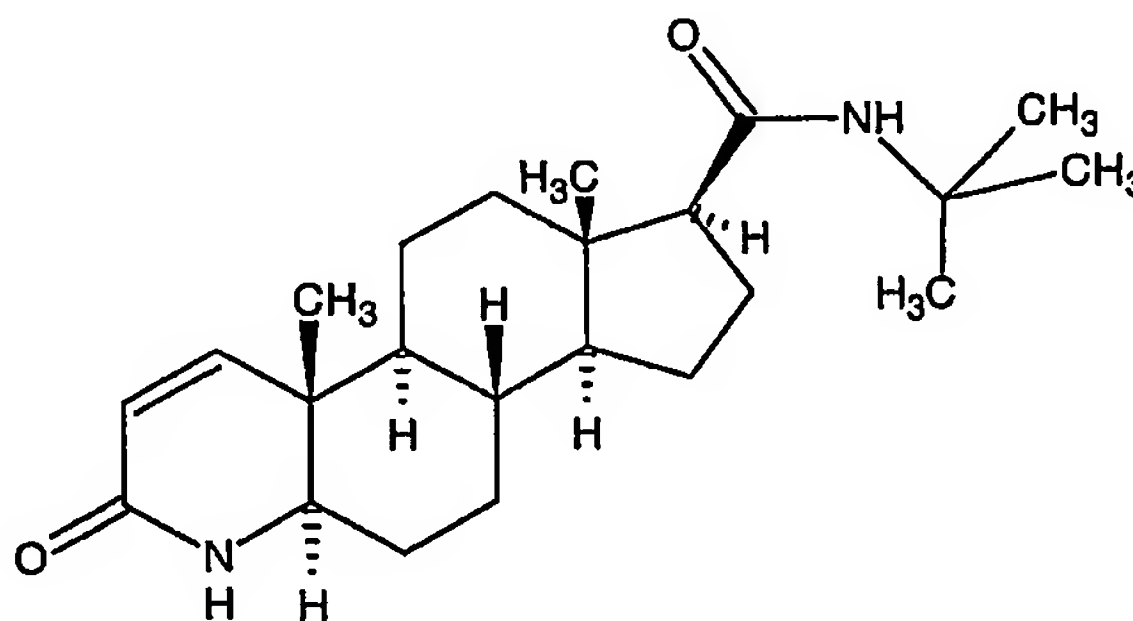
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None of the above references mention the use of Gelucire with finasteride.

#### DETAILED DESCRIPTION

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The invention provides a pharmaceutical formulation comprising finasteride,



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a wetting agent and the binding agent microcrystalline cellulose.

The pharmaceutical formulation of the present invention comprises 0.1-10 wt% of finasteride, 0-10 wt% of the wetting agent and 0-90 wt% of microcristalline cellulose.

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The wetting agent may suitably be selected from Gelucire®, docusate sodium, sodium lauryl sulfate and polysorbate. Gelucire® is particularly preferred.

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Gelucire® is a well-defined mixture of mono-, di- and triglycerides and mono- and di-fatty acid esters of polyethylene glycol, wherein the predominant fatty acid is lauric acid.

- 10 The binding agent may suitably also be selected from gelatin, dextrin, povidone or starch but microcrystalline cellulose is particularly preferred.

- 15 The formulation may additionally comprise a further pharmaceutically active compound, such as epristeride and zanosterone; filler material such as cellulose and starch; and lubricant such as magnesium stearate.

These formulations may also comprise a finasteride analogs instead of finasteride.

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## EXAMPLES

### Example 1

- 25 The following materials were combined by wet granulation to produce 5 mg finasteride tablets:

30	Finasteride	5.0 mg
	Lactose monohydrate powder	103.3 mg
	Cellulose microcrystalline	15.0 mg
	Starch maiza pregel.	15.0 mg

Gelucire 44/14®	3.0	mg
Sodium starch glyc.	7.5	mg
Talcum	0.4	mg
Magnesium stearate	0.8	mg

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## Example 2

The following materials were combined by wet granulation to produce 5 mg finasteride tablets:

10

Finasteride	5.0	mg
Lactose monohydrate powder	88.7	mg
Cellulose microcrystalline,	30.0	mg
Starch maiza pregel.	15.0	mg
15 Gelucire 44/14®	3.0	mg
Sodium starch glyc.	7.5	mg
Magnesium stearate	0.8	mg

## Example 3

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The following materials were combined by wet granulation to produce 5 mg finasteride tablets:

Finasteride	5.0	mg
25 Lactose monohydrate powder	104.4	mg
Cellulose microcrystalline	15.0	mg
Starch maiza pregel.	15.0	mg
Gelucire 44/14®	2.3	mg
Sodium starch glyc.	7.5	mg
30 Magnesium stearate	0.8	mg

## Example 4

The following materials were combined by wet granulation to produce 5 mg finasteride tablets:

5	Finasteride	5.0	mg
	Lactose monohydrate powder	79.7	mg
	Cellulose microcrystalline	37.5	mg
	Starch maiza pregel.	15.0	mg
10	Gelucire 44/14®	4.5	mg
	Sodium starch glyc.	7.5	mg
	Magnesium stearate	0.8	mg

## Example 5

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The following materials were combined by wet granulation to produce 5 mg finasteride tablets:

	Finasteride	5.0	mg
20	Lactose monohydrate powder	105.6	mg
	Cellulose microcrystalline,	15.0	mg
	Starch maiza pregel.	15.0	mg
	Gelucire 44/14®	1.1	mg
	Sodium starch glyc.	7.5	mg
25	Magnesium stearate	0.8	mg

## Example 6

The following materials were combined by wet granulation to produce 5 mg finasteride tablets:

5			
	Finasteride	5.0	mg
	Lactose monohydrate powder	105.2	mg
	Cellulose microcrystalline	15.0	mg
	Starch maiza pregel.,	15.0	mg
10	Gelucire 44/14®	1.5	mg
	Sodium starch glyc.	7.5	mg
	Magnesium stearate	0.8	mg

## Example 7

15 The following materials were combined by wet granulation to produce 5 mg finasteride tablets:

	Finasteride	5.0	mg
20	Lactose monohydrate powder	106.3	mg
	Cellulose microcrystalline	15.0	mg
	Starch maiza pregel.	15.0	mg
	Gelucire 44/14®	0.4	mg
	Sodium starch glyc.	7.5	mg
25	Magnesium stearate	0.8	mg



## Example 8

### Disintegration time and friability of finasteride formulations

5		Disintegrationa time	Friability
		[min:sec]	[%]
	Example 1	1:40	0.93
	Example 2	3:00	0.30
10	Example 3	2:30	0.60
	Example 4	2:40	0.46
	Example 5	1:45	0.66
	Example 6	1:00	0.40
	Example 7	1:00	0.33

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## Example 9

20 Comparision of dissolution speed between formulations including the wetting agents Gelucire®, polysorbate 80, sodium lauryl sulfate and docusate sodium.

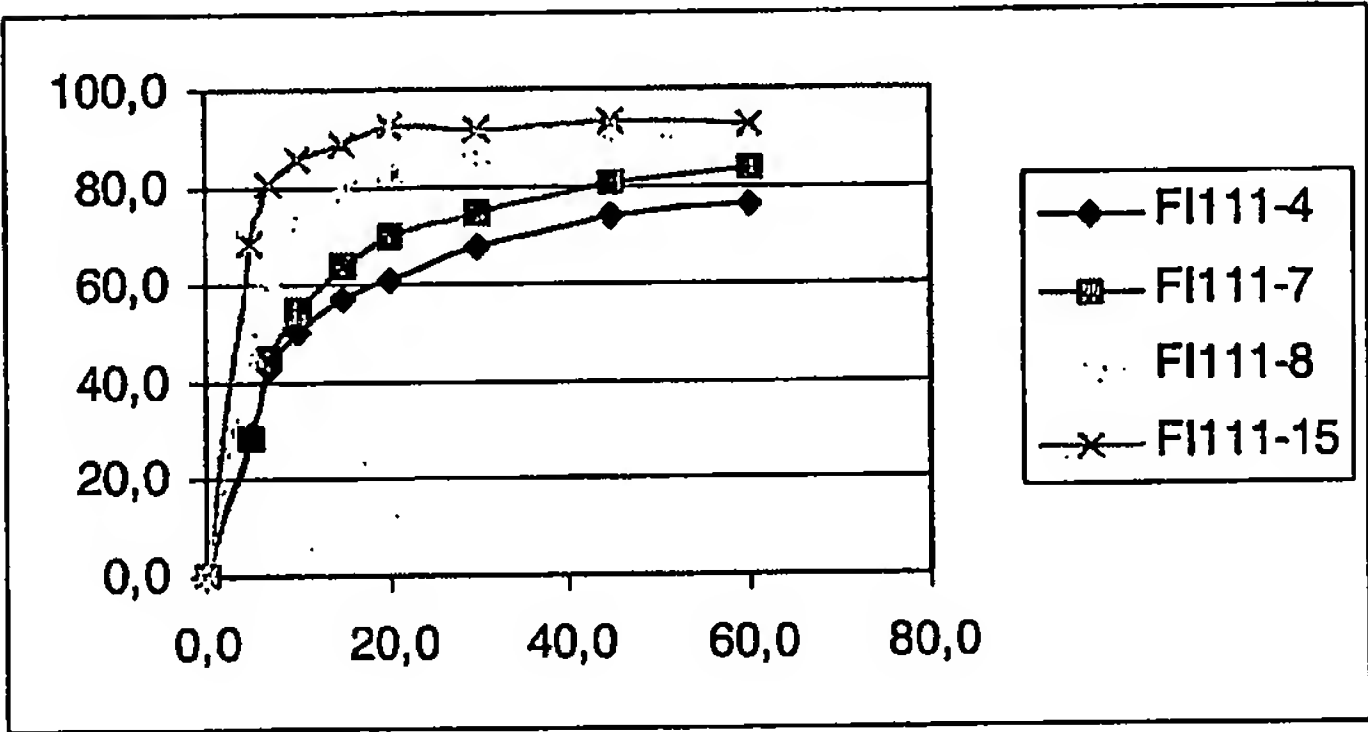
	FI111-15	FI111-4	FI111-7	FI111-8
Finasteride	5.0	5.0	5.0	5.0
Lactose monohydrate powder	105.2	106.1	103.3	105.9
25 Cellulose microcrystalline	15.0	15.0	15.0	15.0
Starch maiza pregel.	15.0	15.0	15.0	15.0
Gelucire 44/14®	1.5			
Polysorbate 80		0.4		
Sodium lauryl sulfate			3.0	
30 Docusate sodium				0.4
Sodium starch glyc.	7.5	7.5	7.5	7.5
Talcum			0.4	0.4
Magnesium stearate	0.8	0.8	0.8	0.8

Table 1: % dissolved finasteride with different wetting agents

time [min]	FI111-15 Gelucire	FI111-4 Polysorbate	FI111-7 Sodium lauryl sulfate	FI111-8 Docusate sodium
0,0	0,0	0,0	0,0	0,0
5,0	29,5	28,3	45,8	68,2
7,0	43,2	45,3	62,4	80,3
10,0	50,3	54,7	71,8	85,8
15,0	56,9	63,6	79,5	89,1
20,0	61,0	69,8	83,4	92,1
30,0	67,5	74,8	87,2	92,1
45,0	73,4	80,4	89,5	93,1
60,0	76,0	83,7	90,9	92,6

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Graph 1: Dissolution speed for finasteride formulations  
Dissolved finasteride (%) vs. Time (min)



Examples 2-7 show various concentrations of Gelucire® and microcrystalline cellulose.

Example 8 shows results in disintegration time and friability for the formulations in Examples 2-7.

Example 9 shows different dissolution profiles for different wetting agents in the formulation.

By using Gelucire 44/14® the dissolution profile of the finasteride improved to a satisfactory level. However the binding of the tablets decreased as the quantity of Gelucire increased. In example 1 (2%

Gelucire concentration) the friability of the tablets became almost 1%. In an achievement to improve the binding, the levels of microcrystalline cellulose were increased.

## CLAIMS

1. A pharmaceutical formulation comprising:
  - a. 0.1-10 wt% of finasteride;
  - 5 b. 0-10 wt% of wetting agent selected from Gelucire®, sodium lauryl sulfate and polysorbate,
  - c. 0-90 wt% of microcrystalline cellulose,optionally in combination with other excipients, with the proviso that the wt/wt ratio of the wetting agent and the binding agent is in the range of  
10 0.01-1.0.
2. The formulation of claim 1, wherein the wetting agent is Gelucire.
3. The formulation of claim 2, wherein the Gelucire is Gelucire 44/14.
- 15 4. The formulation of claim 1, which comprises finasteride, Gelucire®, microcrystalline cellulose, lactose monohydrate powder, starch, sodium starch glycolate and magnesium stearate.